

# Welcome to Tri-City!



Learn from  
experienced  
teaching pros and  
players!

Enjoy the  
camaraderie and  
competition with  
your friends!



Tri-City Fitness will once again be holding its Junior Summer Camp. It is open to kids from the ages of 4-17, across all ability levels. Each day, the camp will be split up into a morning and an afternoon session. Players can choose between either session, or they can participate in a full day. The sessions are devised as follows:

### Mornings 9:00 AM – 12:00 PM

The morning session is mostly instructional. Players will be grouped by ability, and will partake in both drills and games. The focus will be on stroke mechanics, court positioning, rules and scoring, etc. The drills and games will be supplemented by tennis-specific footwork exercises.

### Afternoons 1:00 PM – 4:00 PM

The afternoon session is mostly match play, and is intended for those who can serve and rally consistently. Players will be assigned matches, both singles and doubles, and will be instructed in their match play strategies. Players will also play games as a group, with an emphasis on point play situations.

### Full Days 9:00 AM – 4:00 PM

Players who choose to come for the full day will follow the same itinerary as outlined above. They will also get an hour lunch break, from 12-1 PM. Pizza and soda will be provided for lunch at no additional charge for all full-day participants.

**HAVE FUN THIS  
SUMMER!**



**Tri-City Fitness**

944 New Loudon Rd.

Latham, NY 12110

(518) 785-4311

[www.TriCityTennis.com](http://www.TriCityTennis.com)

## 2022 Junior Summer Camp Registration Form

Please print clearly and fill out both sides.

Player Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Zip \_\_\_\_\_

\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_  
Date of Birth

Parent/Guardian's Name \_\_\_\_\_

Home or Cell Phone Number \_\_\_\_\_

E-mail Address \_\_\_\_\_

Allergies / Medical Concerns \_\_\_\_\_

### PAYMENT & LIABILITY WAIVER AND ASSUMPTION OF RISK & RELEASE

I understand that membership is required for participation in Tri-City Fitness (the "Club") programs, that this application must be accompanied by the required non-refundable payment in full to confirm registration. If my account is not paid as required, I consent that Tri-City Fitness may charge my checking/credit card account for the full amount past due plus a late fee. I accept that enrollment in Tri-City programs is for the full session and that no refunds will be given for withdrawal, a credit for future services, in the amount of the payment may be issued. By signing below I agree that I will abide by all the rules and regulations which now exist or which may be hereafter adopted or amended by the management of the Club. I further acknowledge and agree that there are certain inherent dangers in playing tennis and that the club shall not be liable for any personal injuries, property damage, or other loss sustained by me in, on or about the premises of the Club, or arising out of the use or intended use of any facilities equipment or other property of the Club, whether or not said personal injuries, property damage or other loss sustained by me is the result of the negligence of owners, agents or employees of the Club or the negligence of any other persons present on the premises of the Club. These conditions apply individually and/or jointly with other players, or guest of players. If I enroll in Club programs and am asked to furnish the Club with appropriate medical exams, I agree to furnish such exams and records. In addition, in case of accident or injury to me and if an emergency contact person can not be reached, I grant the Club permission to obtain medical attention for me if necessary, for which I will be financially responsible. THE CLUB RESERVES THE RIGHT TO CLOSE COURTS FOR REPAIRS OR ALTERATIONS. The Club reserves the right to cancel the contract at any time, at its sole discretion, and management's sole liability shall be to refund any amounts previously paid on a pro-rata basis. Tri-City retains the rights to any photographs or video taken at the facility to be used for publicity and advertising. Tri-City cannot guarantee make-ups for classes missed by the student.

Parent/Guardian's Signature \_\_\_\_\_

Date \_\_\_\_\_

Weekly Rates for 1-3 Full Weeks:

\$270/Half Day  
\$370/Full Day\*

Weekly Rates for 4+ Full Weeks:

\$210/Half Day  
\$300/Full Day\*

Daily Rates (24 hours' notice is requested):

\$60/Half Day  
\$80/Full Day\*

\*Full Day includes a break at noon, kids should bring lunch

**PAYMENT OPTIONS:**

**Credit Card** - I authorize Tri-City to charge the card below:

\_\_\_\_\_/\_\_\_\_\_  
Credit Card Number Exp. Date

**Bank Account** - I authorize Tri-City to deduct from this account:

\_\_\_\_\_  
Bank Name Routing Number

\_\_\_\_\_  
Bank Account Number

**Check** - Made payable to Tri-City Fitness

**PLEASE INDICATE ENROLLMENT BELOW:**

AM	PM	FULL	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	June 27-July 1
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	July 5-8 (NO CAMP JULY 4)*
*Weekly Fee for this week only: \$216/Half Day or \$296/Full Day			
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	July 11-15
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	July 18-22
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	July 25-29
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 1-5
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 8-12
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 15-19
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 22-26
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 29-Sept. 2

# Tri-City Fitness is proud to offer:

**Junior Academy**

**Adult Clinics**

**Ladders & Leagues**

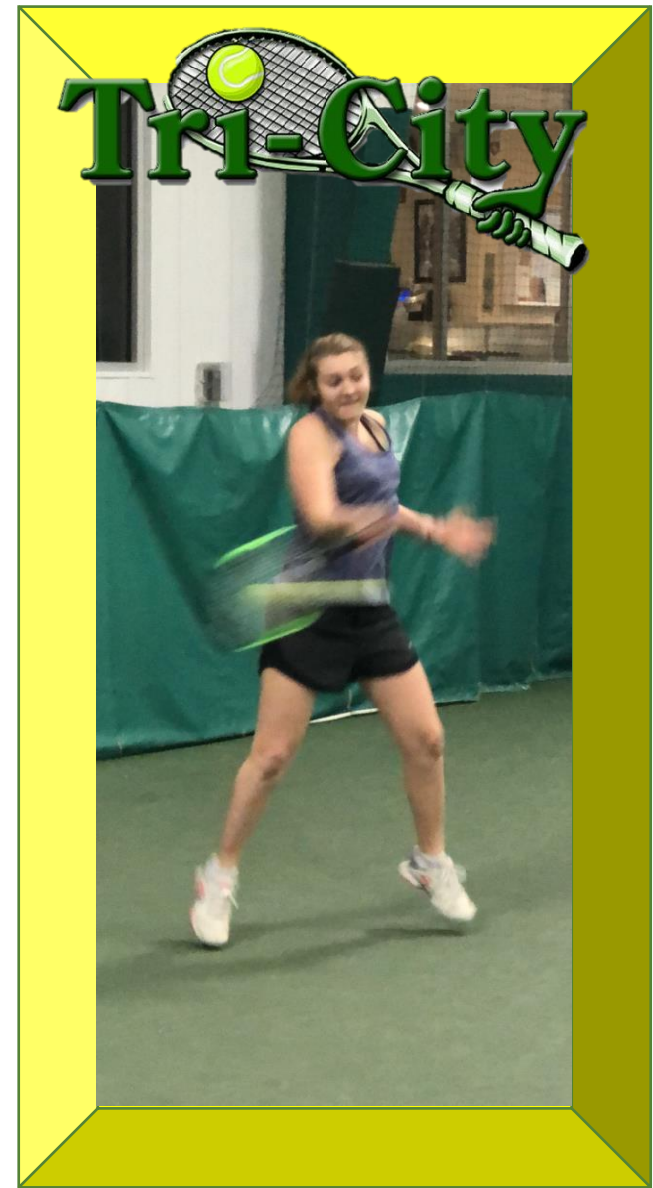
**Shot of the Day & Aerobic Tennis Clinics**

**UTR Events**

**Fitness Center**

## And more!

Visit [www.TriCityTennis.com](http://www.TriCityTennis.com)  
for more details



# 2022 Summer Tennis Camp