

Welcome to Tri-City!



Learn from
experienced
teaching pros and
players!

Enjoy the
camaraderie and
competition with
your friends!



HAVE FUN THIS SUMMER!

Tri-City Fitness is committed to providing a safe environment for kids to enjoy. Special consideration will be given to:

- limiting group sizes
- staggering breaks amongst the groups
- spreading kids out during breaks
- limiting direct contact between kids and the tennis balls and other equipment
- and more!

Please note that pre-registration is required, even if it's just 24 hours' notice, to ensure groups aren't too big. Spaces are limited, so sign up today!



Tri-City Fitness will once again be holding its Junior Summer Camp. It is open to kids from the ages of 4-17, across all ability levels. Each day, the camp will be split up into a morning and an afternoon session. Players can choose between either session, or they can participate in a full day. The sessions are devised as follows:

Mornings 9:00 AM – 12:00 PM

The morning session is mostly instructional. Players will be grouped by ability, and will partake in both drills and games. The focus will be on stroke mechanics, court positioning, rules and scoring, etc. The drills and games will be supplemented by tennis-specific footwork exercises.

Afternoons 1:00 PM – 4:00 PM

The afternoon session is mostly match play, and is intended for those who can serve and rally consistently. Players will be assigned matches, both singles and doubles, and will be instructed in their match play strategies. Players will also play games as a group, with an emphasis on point play situations.

Full Days 9:00 AM – 4:00 PM

Players who choose to come for the full day will follow the same itinerary as outlined above. They will also get an hour lunch break, from 12-1 PM. Players will be responsible for providing their own lunch and snacks.

Tri-City Fitness

944 New Loudon Rd.

Latham, NY 12110

(518) 785-4311

www.TriCityTennis.com

2020 Junior Summer Camp Registration Form

Please print clearly and fill out both sides.

Player Name _____

Address _____

City _____

Zip _____

_____/_____/_____
Date of Birth

Parent/Guardian's Name _____

Home or Cell Phone Number _____

E-mail Address _____

Allergies / Medical Concerns _____

PAYMENT & LIABILITY WAIVER AND ASSUMPTION OF RISK & RELEASE
I understand that membership is required for participation in Tri-City Fitness (the "Club") programs, that this application must be accompanied by the required non-refundable payment in full to confirm registration. If my account is not paid as required, I consent that Tri-City Fitness may charge my checking/credit card account for the full amount past due plus a late fee. I accept that enrollment in Tri-City programs is for the full session and that no refunds will be given for withdrawal, a credit for future services, in the amount of the payment may be issued. By signing below I agree that I will abide by all the rules and regulations which now exist or which may be hereafter adopted or amended by the management of the Club. I further acknowledge and agree that there are certain inherent dangers in playing tennis and that the club shall not be liable for any personal injuries, property damage, or other loss sustained by me in, on or about the premises of the Club, or arising out of the use or intended use of any facilities equipment or other property of the Club, whether or not said personal injuries, property damage or other loss sustained by me is the result of the negligence of owners, agents or employees of the Club or the negligence of any other persons present on the premises of the Club. These conditions apply individually and/or jointly with other players, or guest of players. If I enroll in Club programs and am asked to furnish the Club with appropriate medical exams, I agree to furnish such exams and records. In addition, in case of accident or injury to me and if an emergency contact person can not be reached, I grant the Club permission to obtain medical attention for me if necessary, for which I will be financially responsible. THE CLUB RESERVES THE RIGHT TO CLOSE COURTS FOR REPAIRS OR ALTERATIONS. The Club reserves the right to cancel the contract at any time, at its sole discretion, and management's sole liability shall be to refund any amounts previously paid on a pro-rata basis. Tri-City retains the rights to any photographs or video taken at the facility to be used for publicity and advertising. Tri-City cannot guarantee make-ups for classes missed by the student.

Parent/Guardian's Signature _____

Date _____

Weekly Rates for 1-3 Full Weeks:

\$270/Half Day

\$370/Full Day

Weekly Rates for 4+ Full Weeks:

\$210/Half Day

\$300/Full Day

Daily Rates (24 hours' notice is required):

\$60/Half Day

\$80/Full Day

PAYMENT OPTIONS:

Credit Card - I authorize Tri-City to charge the card below:

Credit Card Number

Exp. Date

Bank Account - I authorize Tri-City to deduct from this account:

Bank Name

Routing Number

Bank Account Number

Check - Made payable to Tri-City Fitness

PLEASE INDICATE ENROLLMENT BELOW:

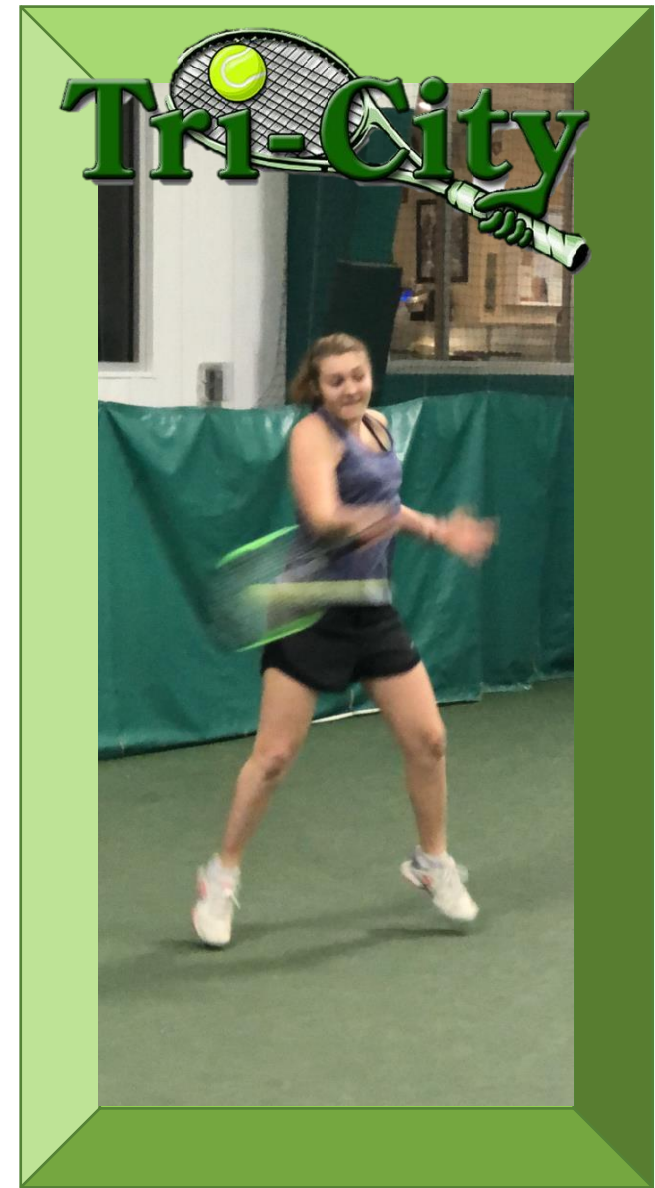
AM	PM	FULL	
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	June 29 - July 3
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	July 6-10
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	July 13-17
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	July 20-24
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	July 27-31
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 3-7
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 10-14
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 17-21
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 24-28
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	August 31 - September 4

Tri-City Fitness is proud to offer:

- Junior Academy
- Adult Clinics
- Ladders & Leagues
- Shot of the Day & Aerobic Tennis Clinics
- UTR Events
- Fitness Center

And more!

Visit www.TriCityTennis.com
for more details



2020 Summer Tennis Camp