



# TRI-CITY JUNIOR TENNIS ACADEMY – WINTER 2019

944 New Loudon Rd., Latham, NY 12110 • (518) 785-4311 • [www.TriCityTennis.com](http://www.TriCityTennis.com)

## Session Information

**Start Date:** January 2

**End Date:** April 20

**No Classes:**

Mon. - Sat., Feb. 18-23

**Cost:**

Mon. & Tues. groups: \$420\*  
 Wed. thru Sat. groups.: \$450\*  
 \*pro-rated \$100 annual junior membership fee required

*Make-up classes will only be arranged for injuries or illnesses accompanied by a doctor's note.*

**Perks of the Program:**

- Free Junior Shootouts!
- Cheaper rates on private lessons, holiday camps, etc.
- Meet different players with whom to set up ladder matches!

Visit [www.tricitytennis.com](http://www.tricitytennis.com) for more information!

## Junior Academy - intended for players 11 and older

This program is designed to give kids the basic knowledge needed to enjoy and excel at tennis. With different levels offered, it doesn't matter whether you've never played before, or you're already on your high school's varsity team, or anywhere in between, we have the right group for you!

**Beginner** – Intended for kids with limited or no experience.

Wednesday 5:00 - 6:00 PM  
 Saturday 3:30 - 4:30 PM

**Intermediate** – Intended for players who can sustain modest rallies from the baseline, as well as serve consistently. They will be working on placing their shots, as well as constructing points.

Monday 4:30 - 5:30 PM  
 Monday 6:00 - 7:00 PM  
 Tuesday 4:00 - 5:00 PM  
 Wednesday 5:00 - 6:00 PM  
 Wednesday 6:00 - 7:00 PM  
 Thursday 4:00 - 5:00 PM  
 Friday 4:00 - 5:00 PM  
 Saturday 2:30 - 3:30 PM

**Advanced** – These players can hit consistently, but lack consistent spin. They will be taught how to hit with spin on both groundstrokes and serves, as well as implementing basic strategies.

Tuesday 5:00 - 6:00 PM  
 Wednesday 5:00 - 6:00 PM  
 Thursday 5:00 - 6:00 PM  
 Friday 4:00 - 5:00 PM  
 Saturday 4:30 - 5:30 PM

### Winter 2019 Junior Academy Registration Form Fill out both sides. Please print clearly.

Player's Name		D.O.B.		<b>Payment Options</b> Completed registration form and payment in full must be submitted BEFORE the first class. <input type="checkbox"/> Enclosed is a check for the full payment <input type="checkbox"/> Please charge my house account <input type="checkbox"/> Please charge my credit card (number below): #: _____ Exp. Date: _____ Signature: _____ *You will be notified only if your choice is unavailable		
Address						
City	State	Zip				
Medical Concerns / Allergies						
Parent/Guardian's Name						
E-mail						
Home Phone	Cell Phone	<b>Day</b>	<b>Time</b>	<b>Level</b>		

Tri-City Fitness is proud to offer a variety of programs for players of all ages and levels. No matter what you're looking for from a tennis facility, we are confident that you will find the perfect opportunity at our club. Our programs include:



**Juniors:**

**Junior Academy** – In group lessons, kids will be placed, by ability, with their peers and exposed to the basic mechanics and strategies of the game. This will be done through a combination of drills and games, with a constant emphasis on having fun.

**Elite Program** – These groups are designed for tournament level players. The focus is on more advanced techniques and strategies, as well as proper footwork, with the goal of developing players who are competitive at high levels.

**Junior Shootout** – Taking place on Saturday evenings, this walk-in program enables kids to play matches against their peers in an informal setting.

**USTA and club tournaments** – Tri-City is proud to host several tournaments throughout the year, which give local players the chance to test themselves against other players throughout the area.

**Junior Ladder** – Challenge your friends or have matches set up for you, and try to advance your way to the top of the ladder!

*For more information on any of our junior programs, please contact Andy at [andy@tricitytennis.com](mailto:andy@tricitytennis.com).*

**Adults:**

**Clinics** – These group lessons are offered at various times throughout the day, as well as on weekends. Players will be grouped by ability, and will be challenged by our pros to take their game to the next level!

**Shot of the Day** – These drop-in clinics allow for players to work on specific strokes, with a different focus provided each time.

**Aerobic Tennis** – Combining the best of aerobics classes with playing tennis, these classes offer players a great workout on the tennis court!

**Ladders and Leagues** – many players want to schedule competitive matches with some flexibility on the times. We host an extensive singles ladder, as well as both singles and doubles leagues, so you'll be assured to get some good matches when your schedule permits.

**Fitness Center** – Our state of the art fitness center, as well as our certified trainers and the accompanying low-key atmosphere, are ideal for just about anyone's workout needs.

*For more information on our adult programs or amenities, please contact Herb at 785-4311.*

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**PAYMENT AND LIABILITY WAIVER AND ASSUMPTION OF RISK AND RELEASE**

I understand that membership is required for participation in Tri-City Fitness (the "Club") programs, that this application must be accompanied by the required non-refundable payment in full to confirm registration. If my account is not paid as required, I consent that Tri-City Fitness may charge my checking/credit card account for the full amount past due plus a late fee. I accept that enrollment in Tri-City programs is for the full session and that no refunds will be given for withdrawal, a credit for future services, in the amount of the payment may be issued. By signing below I agree that I will abide by all the rules and regulations which now exist or which may be hereafter adopted or amended by the management of the Club. I further acknowledge and agree that there are certain inherent dangers in playing tennis and that the club shall not be liable for any personal injuries, property damage, or other loss sustained by me in, on or about the premises of the Club, or arising out of the use or intended use of any facilities equipment or other property of the Club, whether or not said personal injuries, property damage or other loss sustained by me is the result of the negligence of owners, agents or employees of the Club or the negligence of any other persons present on the premises of the Club. These conditions apply individually and/or jointly with other players, or guest of players. If I enroll in Club programs and am asked to furnish the Club with appropriate medical exams, I agree to furnish such exams and records. In addition, in case of accident or injury to me and if an emergency contact person can not be reached, I grant the Club permission to obtain medical attention for me if necessary, for which I will be financially responsible. THE CLUB RESERVES THE RIGHT TO CLOSE COURTS FOR REPAIRS OR ALTERATIONS. The Club reserves the right to cancel the contract at any time, at its sole discretion, and management's sole liability shall be to refund any amounts previously paid on a pro-rata basis. Tri-City retains the rights to any photographs or video taken at the facility to be used for publicity and advertising. Tri-City cannot guarantee make-ups for classes missed by the student.

\_\_\_\_\_  
Parent/Guardian's Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Parent/Guardian Name (please print clearly)