

September 1, 2018

ADVANTAGE FITPRO
944 New Loudon Road
Latham, NY 12110



Dear valued Tri-City tennis players,

Your presence is hereby formally requested:

Friday, September 7, 2018 at 6pm for:

THE **GRAND OPENING** OF ADVANTAGE FITPRO AT *Tri-City!!!*

Please join us for the "Ribbon Cutting Party" to enter yourself into the

GRAND OPENING RAFFLE GIVEAWAY!!! or you get **RAFFLE ENTRIES** the following ways:

1: ATTEND THE GRAND OPENING RIBBON CUTTING PARTY

1: ENTRY TICKET FOR ATTENDING A FREE CLASSES on September 8th and 9th! (Limit 1 per person)

5: ENTRY TICKETS FOR PURCHASING AN ADVANTAGE FITPRO PACKAGE ON 9/7-9/2018

10: ENTRY TICKETS FOR PURCHASING AN ADVANTAGE FITPRO MONTHLY EFT CONTRACT 9/7-9/2018

RAFFLE GRAND PRIZE: **2019-2020 FULL TRI-CITY MEMBERSHIP**

OTHER PRIZES TO ENTER FOR: (5: **1HOUR TENNIS LESSONS**), (1: **RACQUET RE-STRUNG**),
(5: **TENNIS CLINICS AEROBIC TENNIS or SHOT OF THE DAY**), (5: **EXCLUSIVE PT FITNESS SESSIONS**),
(5: **HOURS OF COURT TIME**) (5: **FITNESS CLASSES**) (2: **1HOUR BALL MACHINE RENTALS**)

We are excited to share with you our most recent upgrade to enhance your experience at Tri-City as we welcome you back for the 2018-2019 TENNIS season! TENNIS is our passion! FITNESS is the passion of ADVANTAGE FITPRO'S!!! We will now have an educated and experienced fitness instructor available here at Tri-City that you can choose to do business with. We have partnered up with "The Capital Region's Top Trainer" **James House** of **ADVANTAGE FITPRO!** (James recently received the most nominations by testimonial email response in the Times Union's open survey across the internet & social media) (More details about James at: www.advantagefitpro.com)

Every tennis player has something to get better at! Making time to get quicker, faster, stronger, more agile, or work on better flexibility, mobility, balance and coordination will only improve the quality of tennis and your experience here with us! This work will get you to balls you might be just missing now with time to set up and hit a better, smoother shot under control! Our Tri-City Tennis Pros will be coaching you on and off court to improve your skill and make sure you are using the best equipment tuned appropriately to your level of play. James looks forward to working everyone in the following ways after you contact him to get started! (You do not have to be a Tri-City Member to be a client of ADVANTAGE FITPRO!)

Group Personal Training ("Group PT"): This is the best option if you need a flexible schedule. Social motivation and camaraderie with likeminded people are benefits of working within a group! When you see and hear others receive instruction and engage in exercise it will positively reinforce information, so you learn faster and get better sooner!!! (1 to 6 participants only and available as packages or monthly contracts)

"CLASSES": Very similar to Group PT our CLASSES have been placed on the schedule to be mutually beneficial by meeting needs of clients and business needs of ADVANTAGE FITPRO. They appear on the schedule at times the business would need to accommodate more people or thought may be less in demand. This option is shared by 1-20 participants only and is available as packages or monthly contract.

*****NOTE: CLASS for High-School & College ATHLETES set to meet weekly Tues/Thurs 6:45-7:30pm**

Exclusive Personal Traininging ("Exclusive PT") This is the very best option for exclusive attention, instruction and focus on goals of your: TEAM, GROUP, FAMILY, PARTNERS or SELF!
(Pricing outside of 1 on 1 training is determined case by case.)

SEE YOU SOON!!!



Tri-City ©

Advantage Fitpro

(All prizes have no cash value and are subject to availability. All participants as a result of winning must follow all rules at Tri-City and agree to assume all risk and liability therefore releasing and holding harmless Tri-City and Advantage Fitpro prior to participating.)